



Central Coast

Central Coast Run Jump Throw

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Coast Runners Shop

140 Wyong Road
Killarney Vale
4333 6064

www.coastrunnersshop.com.au

Mingara Recreation Club

4349 7799

www.mingara.com.au

Central Coast Council

September 2017	
Tue 5	Coast Runners Shop Race Night
Sat 9	CCRJT Central Coast Nitro Challenge 1
Sat 16	CCRJT Central Coast Nitro Challenge 2
Sat 23	Beachletics – Shelley Beach
Sat 30	CCRJT Central Coast Nitro Challenge 3
October	
Tue 3	Coast Runners Shop Race Night With 10km at 7pm <i>(in conjunction with Terrigal Trotters)</i>
Sat 7	CCRJT A Program
Sat 14	Relay for Life (no CCRJT Meet)
Sat 21	CCRJT B Program
Sat 28	CCRJT C Program
November	
4 & 5	MAC - ANSW State Relay Championships (no CCRJT meet)
Tue 7	Coast Runners Shop Race Night
Sat 11	CCRJT A Program
Sat 18	CCRJT B Program – 4pm Twilight with ANSW
24-26	Little A Zone (no CCRJT meet)
December	
2 & 3	MAC - ANSW Club Championships (no CCRJT meet)
Tue 7	Coast Runners Shop Race Night
Sat 9	CCRJT C Program
Sat 16	CCRJT A Program
Sat 23	CCRJT B Program Christmas BBQ

January 2018	
Tue 2	Coast Runners Shop Race Night
Sat 6	CCRJT C Program
Sat 13	CCRJT A Program (Double Points)
Sat 20	CCRJT B Program (Double Points)
25-28	MAC – NSW Country Championships (no CCRJT meet)
February	
Sat 3	CCRJT C Program (Double Points)
Tue 6	Coast Runners Shop Race Night
Sat 10	CCRJT Fun Meet
Sat 17	CCRJT Presentation & Fun Meet
24&25	Little A Region (no CCRJT meet)
March	
3 & 4	MAC – NSW Masters Championships (no CCRJT meet)
Tue 6	Coast Runners Shop Race Night
9 – 11	MAC – NSW Junior Championships (no CCRJT meet)
Sat 17	CCRJT Fun Meet End of Season
April	
Tue 3	Coast Runners Shop Race Night

www.ccrjt.com.au

www.facebook.com/CCRJT

